

Preschool Play Dough

- 4 cups flour
- 2 cups salt
- 8 teaspoons cream of tartar (whole container)
- $\frac{1}{2}$ cup oil
- 4 cups water
- 3 teaspoons food coloring (color of your choice)

Mix all ingredients in a pan. Heat slowly, stirring frequently. It will begin to thicken. When firm enough to handle, remove from heat. Knead until well-mixed and smooth.

Preschool Smoothies

- 16 oz. of strawberries
- 1-2 bananas
- $\frac{1}{3}$ cup of sugar or splenda
- $\frac{1}{3}$ cup of water
- 2 cups of crushed ice

Place all ingredients in a blender and mix well. Top with whipped cream (optional) and enjoy 😊